

INDIRA NATIONAL SCHOOL MENU - APRIL - 2017- PRIMARY SECTION

DAY	Breakfast	Lunch
06 THUR	Idli, Sambar	Tofu Butter Masala , Chappati, Jeera Rice, Dal Palak
07 FRI	Chinese Samosa, sauce	Veg Hot and sour, Triple Rice, Sweet Corn Veg Soup, Custard
	Breakfast at 9.50 to 10.10 AM	Packed Snacks
10 MON	Aloo poha, watermelon, Papadi Chaat	khaman dhokla, imli chutney + Chocopie, oat cookies
11 TUE	Nutrinugget rolls, Tomato Sauce, Curd Rice	Veg Samosa + Haldiram Chikki bar
13 THUR	Pav Bhaji, Onion Salad, Gulabjamun	Rite Bite Protein Cheese flavour Chips + cookies
17 MON	Aloo paratha, green chutney, dal kichidi	Veg Puff + grapes
18 TUE	Puri Bhaji, Veg Pulao	Veg Sandwich + Haldiram Moong dal
19 WED	Onion uttapam, coconut chutney Sambar, muskmelon	Rite Bite Crunch+ Banana
20 THUR	Missal Pav, Pineapple Shira	Spinach Cheese ball , Sauce + chocochip cookies
21 FRI	Pasta Tomato Sauce, Dinner Roll, Veg Soup	Butter chakli, chocopie
24 MON	Chole Puri, Curd rice, pickle	Rite Bite Protein Tomato flavour Chips + Apple
25 TUE	Noodles, Soya Chilli, watermelon	Banana chips + pumpkin muffins
26 WED	Rawa idli, chutney, Pongal, Sambar	Veg Burger + roasted channa
27 THUR	Stuff Veg Paratha, Green Chutney, Moong Kichidi	Spinach Cheese ball , Sauce + Coconut Cookies
28 FRI	Pav Bhaji, Onion Salad, Jalebi	Rite Bite Choco Delight + Orange